



<http://www.SlowDownSanDiego.com>

SLOW DOWN SAN DIEGO pledge

I, _____ have thought about my driving habits and the impact they have on the quality of life for myself and others and I do hereby promise to slow down while driving and to obey the posted speed limit wherever I drive.

I, _____ do also hereby promise to plan better and more accurately gauge the proper time I need to get places.

I, _____ also promise that if I am running late due to bad planning or unforeseen circumstances such as bad traffic, I will refuse to speed to make up time. Instead, I will not overly stress about being late and I will learn from the experience to plan better the next time.

I, _____ recognize that I have a moral responsibility to drive safely to protect myself and others and I pledge to not use my cell phone or other techno-gadgets in an unsafe manner while driving. This includes checking emails, text messaging or anything else that will distract me from my primary task of paying attention while I'm driving in the San Diego Slow Zone or other slow cities.

I, _____ will also make a conscious effort to slow down in other aspects of my life. I promise to slow down and look around to appreciate what we have here in San Diego. I promise to get outside and breathe some fresh air. I will stop to smell the roses. I do this for myself and for those who love me. I will pass the San Diego Slow Zone philosophy on to others AND slow down while driving.

Signed,

Date: _____